國家防災日
National Disaster Preparedness Day

抗震保命3步驟

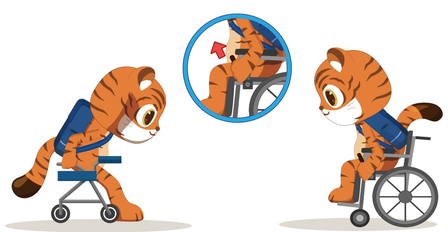
地震來臨・勿驚慌
保護頭頸部・安全最重要

趴下 Drop

掩護 Cover

穩住 Hold on

固定 Lock



掩護 Cover

穩住 Hold on